



To Whom It may Concern

Energy drinks are non-alcoholic beverages which contain about the same amount of caffeine (80 mg per 250 ml) as a cup of coffee. Recent risk assessment of the European Food Safety Authority (EFSA) confirms again the safety of energy drinks and therefore does not provide any justification to treat energy drinks differently than coffee, tea or other caffeine containing soft drinks. EFSA has also confirmed that the main contributors to daily caffeine intake in all age groups are tea, coffee, chocolate and other non-alcoholic beverages.

Further information:

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ABOUT EDE

Energy Drinks Europe (EDE) is a European association, which represents the interests of European energy drink producers. EDE interacts with all stakeholders and interest groups who are involved in the public debate about energy drinks and related issues.

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