



To Whom It may Concern

There is no indication that energy drinks have any specific effect (negative or positive) on adults or teenagers related to alcohol consumption. Last year the European Food Safety Authority (EFSA) concluded that it is unlikely that caffeine interacts adversely with other typical constituents of energy drinks or with alcohol. However, anybody drinking alcohol should do so in moderation, whether or not it is mixed with an energy drink.

Further information:

Energy Drinks Europe

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ABOUT EDE

Energy Drinks Europe (EDE) is a European association, which represents the interest of European energy drink producers. EDE interacts with all stakeholders and interest groups who are involved in the public debate about energy drinks and related issues.

Brussels, 27 October 2016